



**Gallagher**

Insurance | Risk Management | Consulting

# Institution of Occupational Safety and Health (IOSH) Managing Occupational Health and Wellbeing Course

The aim of the IOSH Managing Occupational Health and Wellbeing course is to understand the different work and non-work related illnesses, and how they can impact your organisation. Managing occupational health requires a joined-up approach, and this course explains how to obtain specialist help and aids in understanding the different kinds of assistance that are available to your organisation – both internally and externally.

## Why should I attend this course?

Attendees will gain the skills and knowledge they need to keep their team healthy at work. On completion, attendees will receive an IOSH Managing Occupational Health and Wellbeing certificate.

## Course overview

The course lasts one day (approximately 6 hours) featuring technical guidance from leading specialists. It is developed with employers in mind and provides practical tools and techniques. The course is provided to clients usually on an in-house basis; however, it can be hosted at one of our offices should this be deemed more appropriate. It is simple to understand with clear, relatable scenarios.

## Who is this course for?

Managing Occupational Health and Wellbeing is for managers and supervisors working in any sector, and for any organisation. It's designed to provide managers with the tools and techniques to improve health and wellbeing across their organisation.

## Course content

### 1. Company health

Learn about health management and why it is important for organisations to manage occupational health and wellbeing in the workplace. Learn what a health assessment is and what should be considered when undertaking one.

### 2. Health assessment

Understand the five health hazard categories including the causes of work-related health hazards in each category, and their impact. Attendees will carry out their own practice health assessment and create an action plan to monitor health risks.

### 3. Fitness for work

Uncover the different types of non-work related conditions and how they can affect fitness for work. Learn about how to manage fluctuations in health, and the benefits of getting your employees back to work.

### 4. Wellbeing delegates

Engage with a wellbeing strategy and learn how to introduce and promote a wellbeing programme.

### About IOSH

IOSH is the chartered body for health and safety professionals. As the world's biggest professional health and safety membership organisation, IOSH are the voice of the profession, campaigning on issues that affect millions of working people. IOSH set standards and support, develop and connect their members with resources, guidance, events and training.

### About Gallagher

Founded in Chicago in 1927, Gallagher has grown to become one of the largest insurance brokerage and risk management companies in the world. With significant reach internationally, the group employs over 43,000 people and its global network provides services and expertise in more than 130 countries.



To find out more about this course, please get in touch via the details below:

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